

ABSTRACT GUIDELINES

The abstract should be a summary of your presentation and covers that covers the following areas: a) Backgrounds/ Research goals / Objectives, b).Methods, c) .Expected results/ conclusions/ contributions/implications, d) Keywords. Usage of scientific symbols, acronyms and bullets should be avoided in the abstract. All abstracts should be typed **single-spaced** in **12 point type Times New Roman**.

The abstracts should not exceed 150 words. Both English and Arabic abstracts are welcome.

Submission should be via the conference online system and only MS Word file, .doc(x) is accepted. **Download [Submission Format](#)**

Title, How to Write Conference **Abstract**

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1. Background/ Objectives and Goals

This section should be the shortest part of the abstract and should very briefly outline the following information:

What is already known about the subject of the paper in question? What is not known about the subject and hence what the study intended to examine (or what the paper seeks to present)

The background may be outlined in just 2–3 sentences. The purpose of the background is to provide the reader with a background to the study, and hence to easily lead into a description of the methods engaged in the inquiry.

2. Methods

The methods section is usually the second-longest section in the abstract. It should contain enough information to enable the reader to understand what was done, and how was it done including design and method employed.

3. Expected Results/ Conclusion/ Contribution

The results section in the abstract should provide outcomes of the study and focus should be on the quality and not quantity. The results section should be the longest part of the abstract and should contain as much detail about the findings.

Keywords: Abstract, manuscript format, self-esteem, intelligence, psychotherapy.